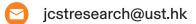


## For Organizations Serving Non-Chinese Youth Interested in Collaborating?

Join us in shaping a more inclusive future. Connect with us today to explore impactful collaboration opportunities for non-Chinese youth.

- Enhance diversity and inclusion.
- Contribute to research.
- Create a supportive environment for non-Chinese youth from all backgrounds.





https://emmh.hkust.edu.hk/



Organised by



Mental Health Projects
DIVISION OF PUBLIC POLICY



Funded by

# Jockey Club Shining Together

with Cross-Cultural Youth Project



# Are You a Non-Chinese Youth Aged 15-24 in Hong Kong?

Whether you are a school student, university student, or working youth, our project is tailored just for you.

Enhance your skills, build mental health awareness, and thrive in a multicultural environment.

From classroom to boardroom, mental health matters at every stage. Join us to bridge cultures and build resillience.



### Why is Research Important?

### **Research Activities**

- Provide valuable insights and evidence-based information to inform the project's direction and help improve the design and delivery
- Evaluate whether the Project Activities have achieved the goals
- Gain extra research insights from the Project Activities to generate valuable research outputs

### **Research Activities Overview**

# 5-minute Pre-Activities Online Survey:

Assess activity short-term and long-term impact

# 45-minute Individual Interview / Focus Group Discussion:

Identify mental health risks and their influencing drivers of the non-Chinese youth from in-depth and nuanced perspectives

# 20-minute Baseline Online Survey:

Identify mental health risks and their influencing drivers of the non-Chinese youth

# 1-hour Randomized Controlled Trial (RCT):

Evaluate the effectiveness the Activity interventions in more robust ways

### **Benefits of Joining Our Research Activities**

Mental Health Awareness and Skills: Enhance your confidence and deepen your understanding in mental health.

Improved Interpersonal Relationships: Enhance interpersonal relationships and strengthen collaborating among disciplines and networks with diverse people

#### **Get In-kind Incentives:**

- Earn HKD50-worth voucher by lucky draw upon completion of the online survey
- Earn HKD100-worth voucher upon completion of the interview/focus group discussion/RCT







Scan the QR code to fill out the online survey NOW to start your journey.

