

Student Helper, Mental Health Projects Team

Project: The Jockey Club Shining Together with Cross-Cultural Youth Project

Team: Mental Health Projects Team, Division of Public Policy, HKUST

About the Role: The Mental Health Projects Team at HKUST is seeking responsible and dedicated student helpers to support a research and service-based mental health project targeting non-Chinese youth (aged 15-24) in Hong Kong. This is a dynamic role that combines community outreach, event logistics, and direct engagement with youth participants in a supportive capacity.

Key Responsibilities

As a Student Helper, you will be integral to the success of our workshops and outreach initiatives. Your duties will include:

- **Workshop & Event Facilitation:** Act as a **group moderator** during our Peer Advocate Leadership Academy and outreach workshops, guiding discussions and ensuring a safe, inclusive, and productive environment for participants.
- **Participant Engagement:** Actively engage with non-Chinese youth participants, fostering a welcoming atmosphere and encouraging interaction and a sense of community.
- **Logistical & Administrative Support:** Manage all aspects of workshop logistics, including preparing materials, venue setup, participant registration, and providing on-site support to ensure smooth operations.
- **Team Collaboration:** Work closely with project staff and facilitators to implement engagement strategies and contribute to the overall mission of the project.

Commitment & Mandatory Training

This role requires a significant commitment to personal development and the safety of our participants.

- **Commitment Period:** A minimum **one-year commitment** is required. Performance will be reviewed **on a monthly basis and at the end of each semester** to ensure suitability for the role.
- **Minimum Engagement:** A minimum monthly engagement of **2 workshops (approximately 6 hours)** is expected to maintain an active role in the team.
- **Mandatory Training: Attendance and completion of all mandatory training are compulsory for this role.** These essential trainings are provided **free of charge**, but please note that **training hours are unpaid**.
 - Mental Health First Aid Course
 - Project Safety Protocol and Crisis Management Training
 - Group Facilitation and Moderation Skills Workshop

Skills & Requirements

We are looking for individuals who are not only passionate but also mature and responsible.

- Full-time students currently residing in Hong Kong.
- Passionate about mental health and committed to fostering an inclusive space for non-Chinese youth.

- **Responsible and mature**, with the ability to follow safety protocols diligently and know when to seek guidance from project staff.
- **Excellent interpersonal and communication skills**, with an empathetic and non-judgmental approach.
- A **firm commitment to upholding confidentiality and professional boundaries** is essential.
- Students of all backgrounds are encouraged to apply.

Why Join Us?

- **Make a real difference** by promoting mental health awareness in the community.
- **Receive valuable, certified training** in Mental Health First Aid and safety protocols, building practical skills for any career.
- **Gain hands-on experience** in group facilitation, event management, and community outreach.
- **Enhance your resume** with meaningful engagement in mental health advocacy.
- **Connect with a diverse and supportive community** of like-minded individuals and professionals.

Details

- **Hourly Rate:** HK\$60 per hour for workshop and outreach duties.
- **Appointment:** Students will be officially appointed as student helpers within the HKUST system.
- **Work Basis:** Work will be assigned on a task-based or activity-based basis.

Deadline

This position is on a rolling basis until it is filled.

Contact:

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